

ANGELIKA NAPIERALA

Email

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PROFILE

Training

2021 - 2022 MA Movement: Direction and Teaching, The Royal Central School of Speech and Drama, London, UK

2018 Indoor Cycling Instructor - performance and beat riding, MPowered Training Academy, London, UK

2015 - 2019 B.Sc. (Hons) Sports and Dance Therapy, London Metropolitan University, London, UK

Experience

Movement Experience whilst on MA Movement: Direction and Teaching

April - June 2022 *Dance Nation* Choreographer, Marina Caldrone (Director), Vanessa Ewan (Placement Mentor)

February - March 2022 - *On Focus*, 6 weeks Placement with first year BA (Hons) Acting students, Ana Marambio (Placement Mentor)

February - March 2022 Movement Fundamentals, 5 weeks Placement with Year 2 BA Acting students, Ana Marambio (Placement Mentor)

December 2021 Stamina Dance class with first year BA (Hons) Acting students, Ana Marambio (Placement Mentor)

Movement Experience (outside of Central)

July 2021 *Vital Stages*, Choreographer and Performer, Studio3Arts, London, UK

October 2021 *Black to the Future*, Movement Director and Choreographer, Shay Rockbell (Director), University of Southampton, Southampton, UK

August 2018 *Pericles*, Performer, National Theatre, Manifest Nation (Company), Emily Lim (Director), London, UK

Movement Teaching Experience (outside of Central)

February 2021 - ongoing *WAACKPLACE*, Movement Facilitator and Teacher, Worldwide and London, UK

October 2020 - June 2021 Associate Lecturer, London Metropolitan University, London, UK

2018 - ongoing Waacking teacher, Worldwide

Awards

July 2019 - Best First Class Honours Degree 13th Place, London Metropolitan University, UK

July 2019 - Academic Excellence Prize, London Metropolitan University, UK

Biography

Originally from Poland, Angelika moved to London in 2015 to pursue her dance career and further studies. Her movement heritage is dominated by sports and dance styles including waacking/punking, contemporary, hip hop and jazz. She is a trained Sports and Dance Therapist, a Film Producer and now Movement Director and Pedagogue in training. She continues to compete internationally, teach, judge and perform. Angelika believes in creative collaborations as the key to expression and that movement is everything and everywhere.

Languages

Native Polish, Fluent English, Communicative French