

## PHAO MAY

**Email**

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### PROFILE

#### Training

2020 - 2022 The Royal Central School of Speech and Drama, MA Movement: Directing and Teaching

2017 - 2017 The Cheek Of It School of Burlesque and Cabaret, Advanced course in Burlesque

2014 ZUMBA Fitness, BS Level 1 Zumba Instructing

2013 - 2014 Royal Academy of Dramatic Art, Foundation course in Acting

2011 - 2018 National Youth Theatre of Great Britain, Acting member

#### Experience

##### **Movement Experience whilst on the Movement: Directing and Teaching**

2022 Movement Director on placement. *Before (Again)*. American Theatre Arts, BA (Hons) students. Rose Bruford College (Steve Dykes)

2022 Movement Director on placement. *'Valium' music video*. Alissimon (Kin Records)

2021 Movement Director on placement. *The Duchess of Malfi*. BA (Hons) Acting CDT, RCSSD (Robbie Bowman)

2021 Movement Teacher on placement. *Dance*. BA (Hons) Acting students - RCSSD. (Mentored by Delphine Gaborit)

##### **Movement Directing for Theatre**

2021 Co-Movement Director. *Back Up!* Bush Young Company. The Bush Theatre (Katie Greenall)

2020 Movement Director. *Dancing By Myself*. Three Sisters Productions. The Kings Head Theatre

2020 Movement Director. *Little Miss Burden*. Harts Theatre Company. The Bunker (Debbie Hannan)

2020 Movement Director. *Genesis*. Miller & Salmon. Soho Theatre

2019 Movement Director. *Summerfest*. National Youth Theatre's 'Playing Up' company. The Bunker (Lakesha Arie-Angelo)

## **Biography**

Phao is a movement director, facilitator and artist. Phao trained as an actor at The Royal Academy of Dramatic Art (RADA) and The National Youth Theatre (NYT), performing in productions at the London 2012 Olympic and Paralympic Team Welcoming ceremonies and The Shaftesbury Theatre. Phao is now an Associate Artist and facilitator for NYT and ensemble storytelling company, The PappyShow. Phao also has a dance training (ISTD) in tap, modern dance, classical ballet and burlesque and has performed and produced cabaret shows around London. She has facilitated within youth engagement programmes and mixed ability ensembles, and is committed to working with inclusive practice. Phao's research interests include: inclusive practice within ensemble training, actor-centred processes and social dance. Phao is passionate about igniting movement that is expressive, multi-dimensional and performer-centred and cultivating an empowering environment of collaboration and play.

## **Skills**

Ensemble training, devising processes, inclusive practice, facilitation, directing, choreography, cabaret performance, burlesque, tap, modern dance, classical ballet, viewpoints training, physical theatre, youth engagement, fitness, Zumba instructing, running, swimming, boxing.