

SASHA HARRINGTON

Email

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PROFILE

Training

2021-2022 The Royal Central School of Speech and Drama, MA Movement: Directing and Teaching

2012-2015 Rose Bruford, BA(Hons) European Theatre Arts

Experience

Movement Experience whilst on the MA/MFA Movement: Directing and Teaching

2022 Movement Director. Working on MA Directing graduate show, *The Virgin Trials*, at The Royal Conservatoire of Scotland, Glasgow.

2022 Movement Teacher. Mentored by Vanessa Ewan. Working with first year BA (Hons) Acting students. Exploring balancing the space.

2022 Assistant Movement Director. Assisting Jade Adamson. Working on a new musical *The Stamping Ground* produced by Eden Court Theatre and RAW Material. Performing in Inverness.

Productions

As Movement Director: Theatre

2022 Movement Director, *The Box Play*, Green City Theatre Company, Glastonbury Festival.

As a Director: Theatre

2019 Co-Director, *We Walk Tall*, Compass Collective, Southwark Playhouse.

2019 Co-Director, *Voices In The Dark*, Compass Collective, Sam Wanamaker Playhouse, The Globe.

2018 Co-Director, *I Know Who I Am*, Compass Collective, Arcola Theatre.

As a Director: Film/Digital

2020 Creative Content Director, *On The Line*, Film, Compass Collective.

2020 Creative Content Director, *Over The Line*, Interactive Website, Compass Collective.

As a Director: Workshops

2020-21 Creative Director, *Zoom In*, Online workshop series, Compass Collective.

Biography

Sasha is a movement director and teacher working between London and Glasgow. She trained as a performer on the BA European Theatre Arts course at Rose Bruford, where she undertook a term in Estonia's Lavakunstikool in Tallinn. Her undergraduate training allowed her to explore the work of Laban, Grotowski, Barba and Kantor, offering a strong movement base from which to develop.

Sasha has a long history of working with community groups and young people on theatre projects. She trained with the National Youth Theatre at a young age and developed her facilitating and assistant skills through working for the company. Sasha is a Co-Founder of theatre company and charity Compass Collective that works with young people seeking sanctuary in the UK. With Compass Collective she has co-directed shows at Shakespeare's Globe, The Southwark Playhouse and The Arcola theatre, and festivals including, Migration Matters Festival and Tate Lates.

Sasha's work has a strong core in community and ensemble, and she wishes to continue to progress this into her future practice. She is interested in landscapes and architecture and how these live in the body. The focus of her work is the integration of culture, nature, knowledge and experiences.

Skills

Mass movement choreography, devising movement for actors, puppetry, workshop facilitation, ensemble movement, directing, movement direction.